

Counselor's Corner

March 2025

Counseling Monthly Focus

International Social Emotional Learning (SEL) Week is from March 3 to March 7, 2025. It was established by the Urban Assembly and SEL4US to mark the significance of social and emotional learning, a central part of education programs. SEL is the process of developing the self-awareness, self-control, and interpersonal skills that are vital for school, work, achieving success, and navigating society. These skills enable people to cope with challenges, problem-solving, self-discipline, emotion management, etc. It has been proved that SEL enhances academic incomes, improves relationship and communication skills, and prepares students for success. However, SEL is terribly lacking in many parts of the world! The day aims to promote SEL in schools, organizations, and communities and encourages everyone to contribute by highlighting the benefits of SEL through social media, educational events, media, and more.

This year for International SEL week at the Levi H. Dickey Counseling Room, students will have the opportunity to create and make their own journal during morning recess.

SEL Benefits of Journaling:

Processing and Expressing Feelings- As we well know, growing up comes with a lot of emotions; excitement, fear, concern, sadness, happiness, anger, calm, embarrassment, and the list goes on (and on, and on, and on). A journal is an ideal tool for any age to utilize for processing and expressing feelings, self-reflection, and problem-solving. Journaling is a great way to work through feelings using drawing and/or writing.

Communication Tool- Journals can open up a world of communication between a child and an adult. I often hear from parents and guardians that their children have a difficult time expressing and opening up aloud about their feelings. Journals are a supportive resource for children to communicate, with drawings and/or writing, about feelings and events. Children may then choose

to share with a caring adult, opening up important lines of communication. Journals are a non-judgement space for self-expression that can open up important dialogue between children and adults.

Build Emotional Vocabulary- A feelings journal helps children build a broader emotional vocabulary. When children are able to identify their feelings, draw/write about them, it helps children label their feelings more specifically. When our children are able to label their emotions with greater precision, adults are better able to support their needs.

Health Benefits- If your child begins journaling now, it may become a healthy habit that stays with them for life. Journaling has been shown to reduce stress and anxiety; it helps us get our feelings out, reflect, and often problem-solve. This is much better for our health than holding in our feelings and letting them fester. Often times, getting our feelings down on paper, helps us look at a situation from a new perspective and supports us in understanding it better. Journaling is a great way to regulate feelings; writing about our emotions helps us control them because we are more aware and have a better understanding of them.

Healthy Kids Tip

When your child makes a good choice, no matter how small, make a BIG deal out of it! Cheer for them, encourage them, and reinforce this behavior. When your child makes a mistake, guide them towards a better choice. But, try not to dwell on it and move forward together.

March Upcoming Events

Read Across America AND SEL week 3/3-3/7

Read Across America Spirit Days:

Monday- Crazy Hair Day

Tuesday- Silly Socks Day

Wednesday- Wear Green Day

Thursday- Inside out/ Mis-match Day

Friday- PJ Day

3/7- Making a Journal (student activity)

3/7- Coffee with the Counselor via zoom at 9:15am

https://chino-k12-ca-us.zoom.us/j/83018073341?pwd=eGdmsStbbERaaLjCFxs15Ai4msxMJZ.1

3/8- Saturday School

3/11- PTO Restaurant Night

3/14- Shamrock Suncatcher (student activity)

3/14- Spring/Promotion Pictures

2/21- Early Dismissal (11:20am)

3/24-3/28 Spring Break (No School)

3/31- Return to School (Regular Day Bell Schedule)

*Schedule subject to change without notice

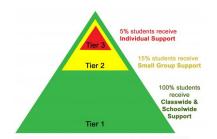


MTSS-B Services Update

Tier 1

February Counseling Room Use Recess/lunch- 377 students

2/7- Memory Foam 44 students2/14- Self Care Bingo 27 students2/28- Sidewalk Chalk Art- 40 students



Tier 2

CICO- 28 students 0 students exit 28 students showing Positive Response

Small Group - 13 students 13 students showing Positive Response 0 students exit

Tier 3

Individualized Focus Plan -3 students (2 showing positive response) Small Group - 2 students

Attendance and Discipline Data

Levi H. Dickey Attendance and Discipline Data ODR (Office Discipline Referrals)



Window #1 8/5/2024- 10/31/2024 Window #2 11/1/2024- 2/21/2025

ESA #1 (Baseline) Achievement Data

ELA ESA #1	Total Students Enrolled	Total Students Tested	% Tested	Exceeded	%	Met	×	E/M	Nearly Met	%	Not Met	7.
Grade K	51	48	94.1%	10	20.8%	9	18.8%	39.6%	15	31.3%	14	29.2%
Grade 1	54	53	98.1%	19	35.8%	10	18.9%	54.7%	10	18.9%	14	26.49
Grade 2	59	53	89.8%	1	1.9%	10	18.9%	20.8%	9	17.0%	33	62.39
Grade 3	59	59	100.0%	6	10.2%	12	20.3%	30.5%	17	28.8%	24	40.79
Grade 4	68	67	98.5%	13	19.4%	10	14.9%	34.3%	13	19.4%	31	46.39
Grade 5	64	62	96.9%	- 11	17.7%	- 11	17.7%	35.4%	13	21.0%	27	43.59
Grade 6	56	55	98.2%	7	12.7%	7	12.7%	25.4%	10	18.2%	31	56.49

Math ESA #1	Total Students Enrolled	Total Students Tested	% Tested	Exceeded	%	Met	*	E/M	Nearly Met	%	Not Met	%
Grade K	51	50	98.0%	6	12.0%	15	30.0%	42.0%	5	10.0%	24	48.0%
Grade 1	54	54	100.0%	8	14.8%	18	33.3%	48.1%	15	27.8%	13	24.1%
Grade 2	59	57	96.6%	5	8.8%	7	12.3%	21.1%	18	31.6%	27	47.4%
Grade 3	59	59	100.0%	6	10.2%	12	20.3%	30.5%	15	25.4%	26	44.1%
Grade 4	68	68	100.0%	7	10.3%	14	20.6%	30.9%	8	11.8%	39	57.4%
Grade 5	64	63	98.4%	3	4.8%	15	23.8%	28.6%	24	38.1%	21	33.3%
Grade 6	56	56	100.0%	5	8.9%	7	12.5%	21.4%	15	26.8%	29	51.8%

ELA Data

Math Data

ESA #2 Achievement Data

ELA ESA #2	Total Students Enrolled	Total Students Tested	% Tested	Exceeded	%	Met	*	E/M	Nearly Met	7.	Not Met	,
Grade K												
Grade 1										- 3		
Grade 2												
Grade 3	59	59	100.0%	4	6.8%	19	32.2%	39.0%	13	22.0%	23	39
Grade 4	68	68	100.0%	14	20.6%	9	13.2%	33.8%	15	22.1%	30	44
Grade 5	62	61	98.4%	7	11.5%	16	26.2%	37.7%	11	18.0%	27	44
Grade 6	58	57	98.3%	5	8.8%	14	24.6%	33.3%	16	28.1%	22	38

Math ESA #2	Total Students Enrolled	Total Students Tested	% Tested	Exceeded	*	Met	*	E/M	Nearly Met	%	Not Met	*
Grade K											1	
Grade 1												
Grade 2												
Grade 3	59	59	100.0%	8	13.6%	19	32.2%	45.8%	12	20.3%	20	33.99
Grade 4	68	67	98.5%	8	11.9%	4	6.0%	17.9%	10	14.9%	45	67.29
Grade 5	62	60	96.8%	3	5.0%	5	8.3%	13.3%	31	51.7%	21	35.05
Grade 6	58	58	100.0%	6	10.3%	8	13.8%	24.1%	12	20.7%	32	55.29

ELA Data

K-2 will be tested upon our return from Winter Break

ELA Math

K-2 will be tested upon our return from Winter Break

Levi H. Dickey PBIS Support Teams

2024-2025 Tier 1 Team

•Administrator: Dr. Custodio •Counselor: D. Rodriguez

Coach: D. CahillMember: A. LeachMember: L. BritoParent: P. Ramirez

2024-2025 Tier 2/3 Team

Administrator: Dr. CustodioCounselor: D. Rodriguez

Member: D. CahillMember: C. Higa

·School Psychologist: M. Foss



Contact <u>Daniela_Rodriguez@chino.k12.ca.us</u> for questions or to request assistance from T1/T2/T3 teams.

Let's Connect!

Daniela Rodriguez K-12 Intervention Counselor, MTSS-B Levi H. Dickey Elementary <u>Daniela_Rodriguez@chino.k12.ca.us</u> (909) 947-6693



Request for Support Form

If you would like your counselor to contact you please complete the following questions as best as possible.

MTSS-B Counselor Website

Our MTSS-B Counselor's website

PARA TRADUCIR ESTE BOLETÍN EN ESPAÑOL, HAGA CLIC EN ESTE SÍMBOLO LOCALIZADO EN LA PARTE DE ABAJO EN LA ESQUINA A MANO DERECHA.





Patricia Custodio

Patricia is using Smore to create beautiful newsletters